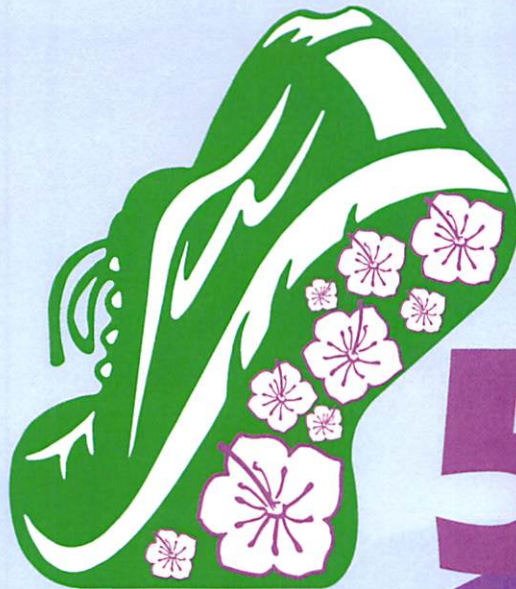




Equal Housing Lender | Member FDIC

Presents the 5th Annual



Mountain Laurel

5K

MORGAN COUNTY STUDENTS: WIN \$500 FOR YOUR SCHOOL'S ATHLETIC DEPARTMENT

Sign up and run the Mountain Laurel 5k at no cost to the student and win money for your school's athletic department.



Fastest Time

student with the fastest time wins \$500 to be donated to the athletic program of their choice.



Second Fastest

2nd fastest student wins \$250 to be donated to the athletic program of their choice.



Most Students

The school with the most students participating wins another \$250 to be donated to the athletic program of their choice.

Students must register by May 1st in order to receive race tee shirts.

Mail or drop registration form to Progressive Savings Bank, P.O. Box 927, Wartburg, TN 37887

Where: Frozen Head State Park When: May 11th, 2019 - 8:00am Registration: \$25



Advisory services offered through Cravens & Company Advisors, LLC, a Registered Investment Advisory Company. Securities offered through, and advisory services may also be offered through, FSC Securities Corporation, an Independent Registered Broker/Dealer, Member FINRA/SIPC, and a Registered Investment Advisor. Not affiliated with Progressive Savings Bank, Cravens & Company Advisors, LLC or Rains Agency Inc. Investment products purchased or sold in a transaction with FSC and insurance and annuity products purchased through The Rains Agency Inc. are NOT FDIC INSURED, NO BANK GUARANTEE, MAY LOSE VALUE, NOT A DEPOSIT, and are NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY.



Saturday May 11th, 2019 Frozen Head State Park Wartburg, Tennessee Rain or Shine

Participating Event in the Tennessee Grand Prix: totalracesolutions.com

<https://runsignup.com/Race/TN/Wartburg/ProgressiveSavingsBanksMountainLaurel5K>

USATF Certified Course TN17023MS

Registration: 7:00am, Race Time: 8:00am. **Course:** Out and back into the park.

**Bonus Cash Prize if you
break the Course Record!**
Male Record: 16:59.2
Female Record: 19:51.5

Awards: Special Awards to top 3 overall finishers. Awards to Top Male/Female. Master Finishers (40+), Grand Masters Finishers (50+) Age Groups: Male/Female: 10 or under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+ Participants are eligible for only one award. **All finishers will receive a medal!**

Registration Fee: \$25 Adults \$15 Kids under 12. Late Registration is May 1st-11th, \$30 for all. Late registrants will receive tshirts while supplies last

All Proceeds Benefit The Rains Foundation, which benefits students and charities with its fundraising efforts.

The Rains Foundation is a charitable organization dedicated to the principles championed by Lyndon Rains: scholarship, athleticism, physical vigor, sportsmanship, commerce, entrepreneurship.



Progressive's Mountain Laurel 5K 2019 & 1 Mile Fun Run to benefit The Rains Foundation.

Make Checks payable to: The Rains Foundation

Name: _____ Male Female

Street Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Birth Date: ____/____/____ Age on Race Day: _____

T-Shirt Size: Youth Small Youth Medium Youth Large Small Medium Large XL XXL

Event: 5K Run 1 Mile Fun Run email: _____

Liability and Publicity Release: In consideration of your accepting my entry to Progressive's Mountain Laurel 5k & 1 Mile Fun Run, I intend to be legally bound, do hereby for myself, my heirs, & assigns waive all claims for damages which I may have, or which hereafter occur to me against Progressive Savings Bank & its affiliates, race volunteers, The Rains Foundation, Frozen Head State Park, Total Race Solutions, & other sponsors, promoters, & contributors affiliated for any and all injuries or illness which may result from my participation. I attest & verify that I have full knowledge of the risk involved in these events, that I am physically fit & sufficiently trained to participate. I also authorize Progressive Savings Bank to use photographs and/or video of my participation in said race for any and all purposes. I have read the above statement, I understand it & my signature confirms my full acceptance.

X _____

Signature of Participant/Parent or Guardian if less than 18 years of age

Date

Mail or drop registration form to Progressive Savings Bank, P.O. Box 927, Wartburg, TN 37887

