

APRIL 2017 Morgan County Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 cup of strawberries contains only 50 calories while providing 100 mg of vitamin C and 2 grams of fiber.

3

Breakfast
Biscuit, Eggs, Ham, Gravy
Mandarin Oranges

Lunch
Pizza or Quesadilla
Steamed Vegetables
Carrot Coins
Garden Fresh Salad
Fresh Veggies & Dip
Chilled Peaches

4

Breakfast
French Toast or
Egg Cheese Roll, Fruit Parfait

Lunch
Frito Chili Pie
Lettuce, Tomato
Cheese, Onions
Steamed Corn
Garden Salad
Orange Wedges

5

Breakfast
Breakfast Pizza or Bagel

Lunch
Pears
Soft Taco
Lettuce, Tomatoes, Cheese
Rice, Refried Beans W/ Cheese
Tossed Salad
Fresh Veggies & Dip
Apples

6

Breakfast
Apple Frudel or Chicken Biscuit
Banana

Holiday Meal
Turkey/ Pork w/ Gravy or Ham
Mashed Potatoes
Green Beans
Caesar Salad
Hot Roll
Fresh Strawberries
Spring Dessert

7

Breakfast
Sausage Biscuit or Honey Bun
Fruit Smoothies or Juice

Lunch
Chicken Tender
Macaroni & Cheese
Steamed Broccoli
Garden Salad
Hot Roll
Grapes

10

Spring Break

11

Spring Break

12

Spring Break

13

Spring Break

14

Spring Break

17

Breakfast
Breakfast Pizza
Applesauce

Lunch
Hamburger on Wheat Bun or
Ciabatta Sandwich
Sandwich Toppers
Potato Wedges, Baked Beans
Tossed Salad
SideKicks

18

Breakfast
Pancakes on a Stick or
Stuffed Bagel, Orange Wedges

Lunch
Wedge Pizza or
Cheese Pull Apart w/ Marinara
Steamed Corn
Steamed Broccoli
Garden Fresh Salad, Carrot Coins
Fresh Veggies & Dip, Fruit Parfait

19

Breakfast
Mini Cinnis Pull-Aparts or
Chicken Biscuit, Juice

Lunch
Baked Chicken or
Salisbury Steak
Mashed Potatoes
Green Beans
Caesar Salad, Hot Roll
Grapes
Chocolate Chip Cookie

20

Breakfast
Cherry Frudel or French Toast
Pears

Lunch
Walking Taco or Chicken Fajita
Lettuce, Tomatoes, Cheese
Steamed Corn, Black Beans
Spanish Rice
Garden Salad
Strawberries & Blueberries Cup

21

Breakfast
Biscuit & Gravy, Sausage
Fruit Parfait

Lunch
Cheeseburger MeatLoaf on
Swirl Bun or Sloppy Joe
Roasted Potatoes, Baked Beans
Cole Slaw
Fruit Parfait Bar
Fresh Pineapple

24

Breakfast
Breakfast Pizza
Chilled Applesauce

Lunch
Chicken Wings
or Popcorn Chicken
Steamed Broccoli
Macaroni & Cheese
Caesar Salad
Strawberries & Kiwi

25

Breakfast
Biscuit & Gravy, Ham
Fruiti Smoothies

Lunch
Spaghetti w/ Meat Sauce
Broccoli Salad, Green Beans
Corn on the Cob
Garden Salad
Garlic Bread
Fruit Parfait Bar

26

Breakfast
Pancake on a Stick
Banana

Lunch
Hoagie Bar W Meat Choices
Or Panini Sandwich
Sandwich Trimmings
Pasta Salad, Baked Fries
Apple Slices
Strawberry Shortcake

27

Breakfast
Waffle, Chicken Roll
Fresh Strawberries

Lunch
Asian Orange Chicken w Fried Rice
or Grilled Chicken
Oriental Vegetables, Egg Roll
Steamed Broccoli
Fortune Cookie
Orange Wedges

28

Breakfast
French Toast, Donuts
Mandarin Oranges

Lunch
Hot Dog/ Chili or Mini Corn Dog
Tater Tots
Baked Beans
Garden Salad
Fresh Veggies & Dip
Fresh Strawberries/Blueberries

All Morgan County Students will receive a reimburseable breakfast and lunch at **NO CHARGE**

Daily Breakfast Items Available Daily:
Cereal, Bagels, & Yogurt

Daily Lunch Items Available Daily:
Salads

Variety of Milk & Juice Available Daily

Lunch Menu is subject to change due to availability.

"USDA is an equal opportunity provider and employer."